

July 2026 Needs List



The VA Central Iowa Health Care System sincerely appreciates your donations, which will be utilized to enhance the quality of life for Veterans we serve at our facility. All donations received directly benefit over +150 inpatient and +67,000 Veterans within Central Iowa.

Please read this form fully to ensure we can accept your donation.

Veteran Clothing Needs

- Tennis Shoes (Men Sizes 9-13)
- Duffle Bags
- Drawstring Bags
- Sweatpants (All Sizes)
- Athletic Shorts (All Sizes)
- Blankets
- Forever Stamps

Veteran Snacks

- Coffee (Regular/Decaf, K-Cups)
- Individually wrapped snacks
- Healthy, low-calorie food items
- Chips/Crackers
- Pudding (Variety Pack)

Special Event Sponsorship

- Former Prisoner of War Recognition Meal
- Iowa State Fair Tickets for inpatient and outpatient Veterans
- Food Vouchers for Iowa State Fair for inpatient and outpatient Veterans
- Visa Gift Cards to support emergent Veteran needs

Monetary Donations

Chaplain Funds: To support chaplain services within the facility.

General Purpose: Supports General Needs "For the good of all Veterans."

Homeless Veterans: Assistance for community resource and referral center

Horses for Heroes: Equine- assisted therapy for Veterans at Jester Park

Hospital Refreshments: Used to provide hospital refreshments to Veterans.

Palliative Care: To support Veterans on hospice care.

Recreation: Used to fund Veteran recreational activities such as adaptive biking, rock climbing, kayaking, museum tours, community outings, and many more activities

The Internal Revenue Service has announced that under the Tax Code, donations to the Department of Veterans Affairs' General Post Fund for exclusively public purposes are deductible from federal income taxes in the manner and to the extent allowable. The announcement reflects the tax law provision, which makes those donations deductible as "donations to the United States". Donations to support any of the Department's programs are deductible, whether the donor directs that the donated funds be used for a specific purpose or allows the Department to decide how the donated funds will be used.

VA Central Iowa does not accept cash donations. Please make checks payable to VACIHCS and include the designated fund you are contributing to.

Contact Voluntary Service

VA Central Iowa Health Care System
3600 30th Street, Des Moines IA 50310 ATTN (135)
Phone (515)-699-5818